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The incidence of autoimmune hemolytic anemia in pediatric hematopoietic stem cell recipients post first and second hematopoietic stem cell transplant

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Abstract

The reported incidence of post allogeneic hematopoietic stem cell transplant (HSCT) auto-immune hemolytic anemia (AIHA) was between 4.4% and 6% following a single transplant. Cord blood transplantation, T-cell depletion and chronic GvHD are significantly associated with post-transplant AIHA. During an 11 year period, data for 500 pediatric HSCT recipients were eligible for evaluation of the incidence of AIHA post first and second transplants. Demographic, transplant, and post-transplant related variables were analyzed. Twelve/500 (2.4%) recipients at a median of 273 days and 7/72 (9.7%) recipients at a median of 157 days developed AIHA post first and second HSCT respectively. Post first HSCT, none of the matched related donor recipients developed AIHA (0/175 MRD vs. 12/325 other donors, p=0.04). Four/12 required a second HSCT to control the AIHA. Post the second HSCT, matched unrelated donor was significantly associated with the development of AIHA. No other variables were associated with the post-second transplant AIHA.

The incidence of AIHA post first and second HSCT was less than reported. The increased incidence of AIHA among recipients of second HSCT is most likely due to the profound immune dysregulation. A much larger, prospective study would be needed to evaluate the incidence, complications and management of post-transplant AIHA.

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Review

Autoimmune Hemolytic Anemia in the Pediatric Setting

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Abstract: Autoimmune hemolytic anemia (AIHA) is a rare disease in children, presenting with variable severity. Most commonly, warm-reactive IgG antibodies bind erythrocytes at 37 °C and cause hemolysis. In contrast, cold-reactive IgM antibodies bind erythrocytes at 4 °C and cause AIHA (cAIHA). Post-infection cold-reactive antibodies can also lead to hemolysis following the patient's recovery. Autoimmune hemolytic anemia can be primary or secondary to other diseases such as systemic lupus erythematosus, or paroxysmal nocturnal hemoglobinuria (PNH) due to acquired IgG antibodies which bind their target RBC antigens and its complement at 4 °C. Cold-reactive antibodies mainly induce intravascular hemolysis, whereas IgG antibodies mainly induce extravascular hemolysis. The diagnosis of AIHA is often made by a DAT test, which measures the ability of a patient's serum to agglutinate their own erythrocytes at 4 °C. DAT negative results are seen in up to 17% of warm AIHA, highlighting the importance of performing a DAT test in all patients with suspected AIHA. The presence of IgG antibodies in the serum of a child with hemolysis despite negative DAT suggests supportive care, initiation of treatment with steroids, immunosuppressive agents, or plasma exchange. The outcome of AIHA in children is often secondary to underlying immune dysregulation and may be controlled by immunosuppressive treatments. In addition, it is important to prevent hemolysis during procedures, before surgery, before transfusion with immunocompetent, to determine prognosis and prevent long-term management potentially with novel targeted medications.

Keywords: warm autoimmune hemolytic anemia, cold agglutinin syndrome, paroxysmal nocturnal hemoglobinuria, direct antiglobulin test

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